



Worcestershire Small-bore Rifle and Pistol Association

Chairman Mr M Bellringer

Secretary Miss K Webber

Treasurer Mr P Kennett

HughWebber, Competition Organiser
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Bench Rest

WSBRPA welcomes everyone to join our popular and friendly OPEN POSTAL Competition

To be shot under NSRA rules

Your chance to take part in the 2025 Worcestershire Postal "Open" LWSR
Entries please by 8th September 2025– Competition starts in November 2025

Contact Details:

Name:

Club:

Address:

Post Code:

Email:

Phone:

	Name	Senior £5	Junior £3	Ave ex 200	Ave x count

Entry Fee, just £5.00 for adults, £3 for all juniors under 16

Price includes:

Attractive engraved medallion prizes; admin costs; scoring; your stickers; printing and postage + issue of results each round. **Cheques payable to "WSBRPA", or**

BACS transfer to Lloyds Bank ,WSBRPA, Sort Code: 30-98-97, Acc No: 63400160.

If using BACS please tag with club name

Please note that a small cost has been included to cover the postage & packing of all medals not collected from the AGM of WSBRPA in September 2025.

NB. To ensure an enjoyable, fair and rewarding contest, Divisions of 6 competitors where possible, with attractive metal medallion prizes awarded for **1st in each division.**

Enjoy and improve your shooting. Make new friends in other clubs and boost our sport.

Email your entry to Hugh Webber, ASAP – hugh@malvernwebber.me.uk

Payment must be received no later than 8th September 2025 to ensure a place.

NSRA rules

In the benchrest rules, there is a clarification on how the non-firing hand may support the rifle (Rule 8.16.3.3) and on the permitted material on the top of the shooting bench as an aid to comfort (Rule 8.16.4.2). Other changes deal with permitted and prohibited additions to the stock and rest (Rules 8.16.3.4, 8.16.5.3 and 8.16.5.5).

The latest changes to NSRA Rules and Regulations came into general effect on 1 April 2021 and a fully revised edition is available on the NSRA website [link].

Link to rules

<https://www.nsra.co.uk/index.php/home/reference/rules>